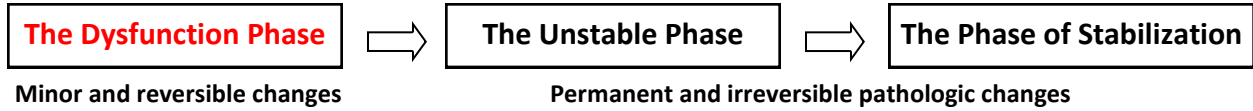


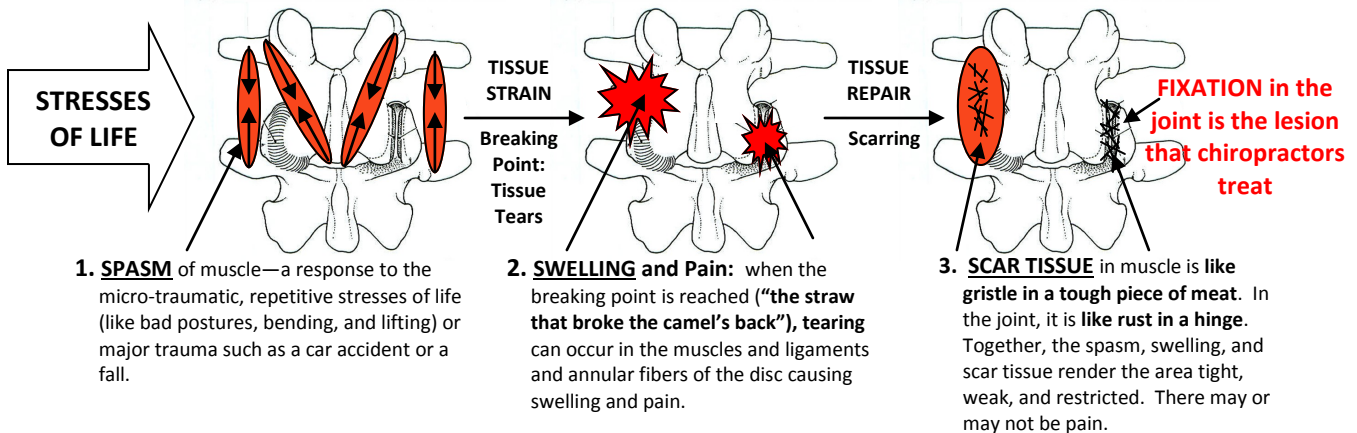
Spinal Degeneration (Arthritis)

by James G. Halvorson, DC, DACAN

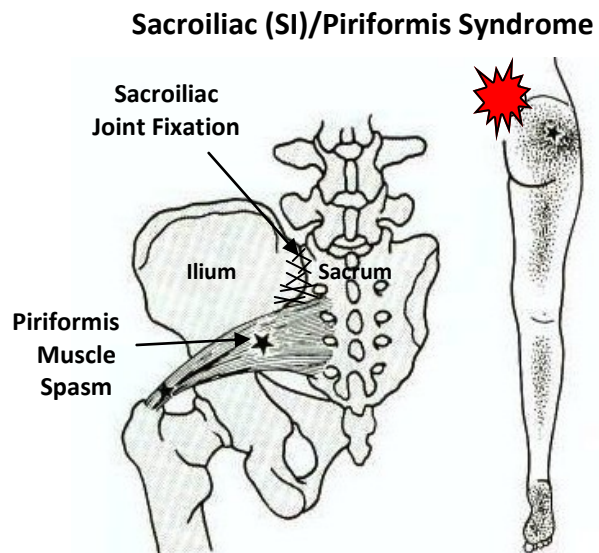
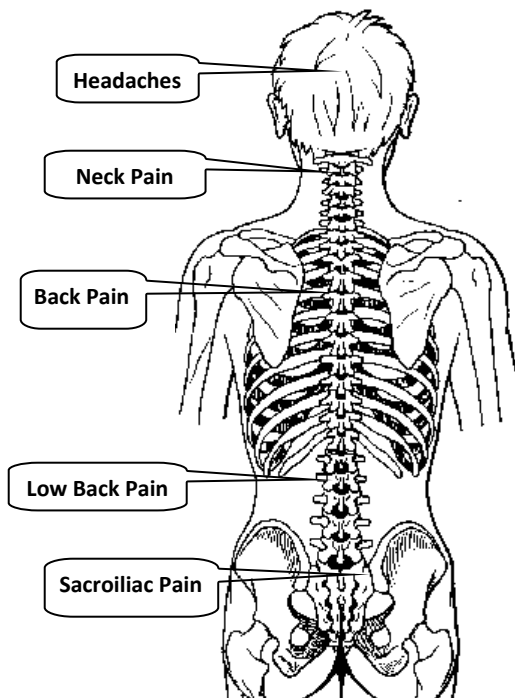
The 3 Phases of Degenerative Arthritis:



The Dysfunction Phase—Spasm, Swelling and Scar Tissue (the 3 S's) can cause Fixation in the Joint



The Most Common Areas of Dysfunction/Fixation



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